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## **INSIGHT PERFORMANCE HIRES SARAH DUCOTT AS ACCOUNT MANAGER**

**Dedham, Mass. – April 18, 2017** – Insight Performance, a human resources and employee benefits consulting firm, announced that it has hired Sarah Ducott as Employee Benefits Account Manager. Ducott is responsible for providing day-to-day support to consultants and clients. She will assist in new program implementation, support ongoing plan administration, create employee communications, advise on compliance requirements, and partner with clients on workplace wellness solutions.

Prior to joining Insight, Ducott worked as an Account Manager at Yozell Associates, an employee benefits, health and welfare firm in Boston. In this role she was responsible for managing relationships with internal and external partners to develop benefits strategies to align with client goals. Prior to that role, she was a Marketing Consultant at Unum in Boston providing support for enrollment and marketing activities.

“Sarah is a dynamic addition to the Insight team,” said Darren Ambler, Managing Director, Insight Performance. “Her background and experience add depth to our team and enhance our ability to provide exceptional service to our clients.

Ducott holds a Bachelor of Arts Degree in English from Hobart William Smith Colleges in New York. She lives in Boston’s North End area.

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### **About Insight Performance**

Founded in 1995, Insight Performance, Inc. is a strategic human resources and employee benefits consulting and brokerage firm that work with small and mid-sized companies to build exceptional workplaces. The firm, with offices in Dedham and Beverly, Massachusetts, provides proven and cost-effective HR and employee benefits solutions to help companies, in a wide range of industries, solve real-world problems, and achieve their business goals. Insight Performance has been named a “Best Place to Work in Massachusetts,” the national recipient of Employer of the Year and Best Overall Company of the Year for Service Businesses (under 100 employees), and was a national finalist for Best Human Resources Organization. Additional information can be found at [www.insightperformance.com](http://www.insightperformance.com).