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**FOR IMMEDIATE RELEASE**

## **Insight Performance Expands Employee Benefits Team With New Hire**

**Dedham, Mass. – October 24, 2014** Insight Performance, a human resources and employee benefits consulting firm, announced that it has expanded its employee benefits business team by hiring Ryan McDermott as an Employee Benefits Consultant. This appointment is a result of the ongoing success of Insight's insurance business and its core Human Resource consulting services.

As an Employee Benefits Consultant for Insight Performance, McDermott will be advising clients in the area of employee benefit plans such as health, dental, life, and disability insurance plans. Ryan specializes in working with emerging and mid size companies. He will also be helping to generate additional opportunities in the Human Resources consulting area. Ryan has several years of experience assisting small to large companies in the selection and ongoing management of their corporate employee benefits as well as retirement programs. He holds a Bachelor of Arts Degree in Accounting from The Catholic University of America in Washington, DC.

"I am thrilled to welcome Ryan to the Insight team," said Michael Ward, President of Insight Performance. "With his experience and expertise, Ryan is a trusted and seasoned advisor who will help us continue to grow our business."

Ryan resides in Dedham, MA and is very involved in his local community. He holds a position as an elected Town Meeting Member and also serves as the Vice Chair for the Town's Master Plan Implementation Committee. Ryan is also President of the Boston Irish Business Association, Treasurer of the Dedham Shines Committee, Executive Committee Member of the Algonquin Club of Boston, Legislative Committee Member of the National Association of Insurance and Financial Advisors as well as Member of the Human Resource Leadership Forum.

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## **About Insight Performance, Inc.**

Founded in 1995, Insight Performance, Inc. is a strategic human resources consulting firm that works with small and mid-sized companies to build exceptional workplaces. The firm, with offices in Dedham and Salem, Massachusetts, provides proven and cost-effective HR solutions to help companies, in a wide range of industries, solve real-world problems, and achieve their business goals. Insight Performance has been named a “Best Place to Work in Massachusetts,” the national recipient of Employer of the Year and Best Overall Company of the Year for Service Businesses (under 100 employees), and was a national finalist for Best Human Resources Organization. Additional information can be found at [www.insightperformance.com](http://www.insightperformance.com).